

Ephesians 4:19-22 Discussion Questions

Please feel free to use the questions below for group discussion or individual study and reflection after listening to the audio and reading the notes. We trust the Holy Spirit will guide you in how to use them effectively. Please let us know if there are other resources or ways we can support you. Thank you for joining us on this journey and for pursuing truth.

1. What do you think it means to be taught “in Christ” (John 14:6, Ephesians 1:13, 1 Corinthians 12:13)?
2. Does “lay aside” (NASB 95) or to “put off” (KJV, ESV, NIV) the old self contradict Romans 6:6 and Colossians 3:9? If not, why?
3. If our old self has already been laid aside as Romans 6:6 and Colossians 3:9 imply, why does it seem like it is still active? (See Romans 7:23 for assistance.)
4. When you look back at your “*former manner of life*,” what changes do you see that confirm your old self has been laid aside?

Digging Deeper:

Review the Greek verb tenses (and definitions) in Ephesians 4:22 to defeat any thoughts of contradiction. Blue Letter Bible is a great online resource for Greek such study:

https://www.blueletterbible.org/nasb95/eph/4/22/t_concf_1101022