

Ephesians 1:7 Discussion Questions

Please feel free to use the questions below for group discussion or individual study and reflection after listening to the audio and reading the notes. We trust the Holy Spirit will guide you in how to use them effectively. Please let us know if there are other resources or ways we can support you. Thank you for joining us on this journey and for pursuing truth.

1. In your mind, what is the biggest factor that caused separation between you and God?

Under which category does your answer fall?

- a. Who I am at the core (a nature issue)
- b. Sins you have committed (a behavior issue)

If you think, “I’m just too much of a failure for God to love,” or “If I really showed God who I am, He wouldn’t want me,” you may feel separation has more to do with nature. If it is something closer to, “I can’t know God because I drink too much” or “Once I clean up my act, I’ll get things straightened out with God,” then it could be behavior related.

This is important because our perceptions about God and ourselves will determine the way we approach him.

Ephesians 2:3 explains that there was a problem with our nature from the start. What happened to that nature according to Romans 6:6?

2. Ephesians 1:7 tells us that forgiveness for our acts of sin comes through Christ’s blood. Romans 7:1-6 describes how we were married or joined to the Law. Through what avenue did God ensure we were released from that obligation to the Law (v. 4)?

How does the offering of Christ’s body and blood work together to provide us total forgiveness and “confidant access” to him (Eph. 3:11-12)?

3. Do you ever wonder if your sin will out-do God’s grace? How does that affect your interactions with Him?

4. What do you think is the difference between “insight” and “wisdom” found in Ephesians 1:8-9? Can you imagine God saw it wise and insightful to make known to you the mystery of His will? Do you ever feel like God’s will is something you have to search for? How does this verse relate to your seeking His will in decisions you face? Share what thoughts are turning over in your mind, even if you don’t think it qualifies as “the correct answer.”

Digging Deeper:

Take a bit of extra time and approach the Lord about your perspectives on His forgiveness. Ask Him to reveal to you what you truly believe about it. Are there still parts of your heart unconvinced He has totally forgiven you and destroyed forever your old nature? What might He want to say further?

Maybe ask a friend or family member their perspective on God's forgiveness. Enjoy the Lord this week, Friends!