

Ephesians 1:3-4a Discussion Questions

Please feel free to use the questions below for group discussion or individual study and reflection after listening to the audio and reading the notes. We trust the Holy Spirit will guide you in how to use them effectively. Please let us know if there are other resources or ways we can support you. Thank you for joining us on this journey and for pursuing truth.

1. This week, Bob stated, “To understand the mystery, we’ve got to understand the heart of the Father.” What is he talking about when he refers to “God’s heart”?
2. When you think of Jesus’ relationship to the Father, what comes to mind? Does that picture differ from your perception of your relationship to the Father? What differences might there be when compare with God’s perspective of your relationship to Him?
3. God demonstrates his family structure on the cross by displaying relationship for what the other members of the Trinity get out of it. His kind of love lays itself down for the benefit and glorification of the other. Have you ever experienced a human relationship with that kind of love? If so, what effect did it have on you? If not, why do you think this kind of love can seem so elusive to us?
4. When your mind drifts toward God, what is your gut reaction? How does that impact how you approach (or don’t approach) Him? Have you ever considered that God’s continuous disposition towards you in Christ is still self-sacrificial and unconditional love on a daily basis? The cross was not the beginning or end of his love for you more than it was simply a display of it.
5. Have you ever thought about your relationship with God in terms of what He gets out of it? What does that even mean?
6. How does the phrase “in Him” help us understand what Paul is communicating in verse 5?

Digging Deeper:

Check out John 16 and Eph. 2 and ponder the relationships in God’s family structure. Write down the names of your closest relationships and ask God how He sees them. Share what you hear with someone in your own family.

Read or memorize Eph. 1:4-5 in preparation for next week!